

LESSON ONE

AT HOME OUTLINE

OPENING PRAYER

Lord Jesus, you do not waste our time. You brought us here for a reason. Keep our hearts and minds open throughout each lesson to whatever you want to give us.

Mother Mary, you were perfectly open to the grace of God. We entrust our time together to you. Pray for us. Help us to be as open to God as you were, so we too can be filled with the life he came to give us.

Together, let's pray the Hail Mary.

In the name of the Father and of the Son and of the Holy Spirit.

Hail Mary...

In the name of the Father and of the Son and of the Holy Spirit.

WATCH IT! SEGMENT 1 (2:32)

MY 5 PERSONAL GOALS

Think for three minutes about this simple question: "What do I want out of life?" Write the top five things that come to your mind in your workbook. Do you want to be rich? Famous? Have a family? Meet the man/ women of your dreams? Become a priest or a religious sister? Become a leader in some science field? The sky is the limit.

WATCH IT! SEGMENT 2 (5:02)

FAMILY DISCUSSION (25min)

As a family spend the next 25 minutes journaling and discussing the following questions.

- What struck you in the video?
- What is your #1 goal? (you can share all of them)
- How can/does faith incorporate into those things?
- What makes you happy?
- What are TWO big questions about faith that you want to get answered this year?

CHALLENGE OF THE WEEK

Have each family member pick ONE challenge at the top of page 4 to complete BEFORE the next class. Have your teen check the box and encourage them to write about it in the space provided.

Let them know that you will be sharing these next class to your small group and maybe even the large group.

CLOSING PRAYER (pg 4)