

# LESSON 15

## AT HOME OUTLINE

### OPENING PRAYER

Since the Middle Ages, Christians have practiced *lectio divina*, a slow, prayerful reading of Scripture. Every time you read the Word of God, he gives you his grace.

Tonight we are going to place ourselves at the Last Supper. Please sit up straight, place your hands- palms up in your lap and close your eyes

(read slowly)

Picture the dimly lit room.

Imagine the smells of the bread and wine.

The feel of the old wooden table in front of you.

Then imagine looking into the eyes of Jesus as he says, "This is my body."

He is looking right at you- (count to 5 in your head)

Fully aware that this is his last meal and that shortly after it, he will be taken away, tortured, and killed... for you

Take a deep breath. In & out (count to 10 in your head)

A Reading from the Gospel according to Luke (read Luke 22: 14-20)

Now, with your eyes still closed, in your own words, in the silence of your heart, thank God for the gift of life. (count to 10 in your head)

Amen.

### CHALLENGE REVIEW

Have your teen share with your family what their challenge was and their experience of completing.

### DIVE IN

Read the "Dive In" aloud to your family.

### WATCH IT! SEGMENT 1 (13:32)

1. Body, Blood
2. B. transubstantiation
3. True

### FAMILY DISCUSSION (6min)

- Do you think it is important to go to Mass every week? Why or why not?
- Describe what happens during the Eucharistic Prayers.
- **JOURNAL** Do you think that sometimes we "miss" the whole point of Mass and that is why so many people fail to make it a priority?
- **JOURNAL** Do you have memory that stands out to you about a specific Mass? Why does it stand out? What happened, what did you feel, who was there?

### WATCH IT! SEGMENT 2 (11:50)

1. Body
2. True

### **FAMILY DISCUSSION (8min)**

- What are your thoughts on Walter's story? Have you heard others like it? How does it connect to the Mass?
- Why would Jesus give himself to us in the Eucharist? What does he expect from us?
- **JOURNAL** (1) Besides the Eucharist, where else do we encounter God at the Mass?<sup>1</sup>  
(2) Describe an encounter with God that you have had at Mass.

### **WATCH IT! SEGMENT 3 (6:14)**

1. A. thanksgiving
2. Confession

### **FAMILY DISCUSSION (9min)**

- What is one new thing you learned from this video?
- Why do we dress up for Mass?
- **JOURNAL** (1) What does it mean that we are invited to "full, conscious and active" participation in the Mass? (2) What can you do to come to Mass better prepared to pray and participate?
- What are some things that distract you at Mass from fully paying attention or participating?
- **JOURNAL** Adoration is one way to grow closer to Jesus and prepare our hearts to receive him at Mass. Have you even been to Adoration? Describe your experience.

### **TO THE HEART**

Read the "To The Heart" aloud to your family. When done reading journal about and discuss the questions below.

- (1) What goes through your mind when you receive Jesus in the Eucharist? (2) Why do you think Jesus chose that way to be near to us?

### **CHALLENGE OF THE WEEK**

Have each family member pick ONE challenge at the top of page 141 to complete BEFORE the next class. Have your teen check the box and encourage them to write about it in the space provided. Let them know that you will be sharing these next class to your small group and maybe even the large group.

### **CLOSING PRAYER (pg 141)**

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<sup>1</sup> The people, priest, Scripture. After they name these ask question 2.