

LESSON 14

AT HOME OUTLINE

OPENING PRAYER

Tonight we are going to talk about the Sacrament of Confirmation. To begin the class we are going to pray one the prayers that the bishop will say over you in May when you get Confirmed. As you listen to the words, pick one line the “jumps out to you.” Let us pray (leader reads prayer on page 125- read slow)

In the name of the Father and of the Son and of the Holy Spirit.

“All powerful God...

In the name of the Father and of the Son and of the Holy Spirit.

Silently please take out your journals and pens. Write down the phrase the jumped out at you and spend a few minutes reflecting on what that means to you as I read it one more time.

“All powerful God...

DIVE IN

Read the “Dive In” aloud to your family.

WATCH IT! SEGMENT 1(7:50)

FAMILY DISCUSSION (7min)

During discussion spend time as a family answering the questions provided and journaling when prompted. When there is a “Bible Search” find the passage in the Bible, read it aloud and answer the questions that correspond.

- What struck you in the video?
- **JOURNAL** Let’s face it-Christianity is hard to live. What makes it hard? Why should we live it anyway?
- At Pentecost the Apostles received the power of the Holy Spirit. At Confirmation you will receive the fullness of the Holy Spirit and complete your baptism. How can you live differently? Why would you want to?
- In Greek Witness and martyr have the same meaning. Who are some martyrs you’ve heard of? How would Confirmation help prepare someone to be a martyr if that situation arose?
- The Catholic Church is the world’s leader in human services and fosters a culture of life. What has your experience of the Catholic Church been? Why don’t people like to mention the good we do?
- **JOURNAL** How could you change people’s opinions of the Catholic Church?

WATCH IT! SEGMENT 2(5:51)

FAMILY DISCUSSION (9min)

- What does the Sacrament of Confirmation DO for a Catholic? (hint: see objectives in leader guide)
- **JOURNAL** We exist for relationship with God and to love others. When is this hard to do? What happens when we are able to do this well?
- God gives you grace to live the impossible. What are some things that seem impossible in the world right now? In your own life? How can God help overcome these things? Do you believe he can? He will?
- Confirmation is a Sacrament of Christian maturity- it makes you a witness for God. How can you be a witness today? Why would you want to?

WATCH IT! SEGMENT 3(6:30)

FAMILY DISCUSSION (13min)

- Developing discipline makes prayer and good habits stick. (1) What are some disciplines you have in your life? (School, sports, music, etc.) (2) How does developing discipline in your spiritual/faith life help you?
- **JOURNAL** Chris shared his before and after Confirmation story, and how he made it his goal to share something about his faith every day. (1) Where are you right now? (2) Where would you like to be? (3) How will Confirmation help?
- What are the symbols used in the Sacrament of Confirmation, and what do they mean? (hint: Holy oil, for cleansing and strengthening; the laying on of hands, conferring new status and preparing for battle; the prayer of the bishop, the sign of blessing and gift of the Holy Spirit)
- The video talked about the bishop's role and sponsor's role during Confirmation. The bishop is a direct descendent from the Apostles and the sponsor "has your back" for the rest of your lives. Why are these people so important in your reception of Confirmation?
- **JOURNAL** Anointed with an indelible mark (permanent and unchangeable) that makes you like Christ. Why is this special and important? What would life be like without receiving Confirmation? How are you feeling about it right now?

TO THE HEART

Read the "To The Heart" aloud to your family. When done reading journal about and discuss the questions below.

- (1)Have you ever thought God was asking you to do something requiring a level of courage that was just a bit outside your "comfort zone"? (2)Have you ever hesitated to do the "right" thing because people around you might not understand?

CHALLENGE OF THE WEEK

Have each family member pick ONE challenge at the top of page 131 to complete BEFORE the next class. Have your teen check the box and encourage them to write about it in the space provided. Let them know that you will be sharing these next class to your small group and maybe even the large group.

CLOSING PRAYER (pg 131)